

## CHEMICAL PEEL INFORMATION SHEET

### What is a Chemical Peel?

A Chemical Peel is a procedure performed to improve the appearance of your skin. You may have heard of Chemical Peels referred to as "lunch time peels" because they require no down time.

### How does it work?

Chemical Peels remove the dull, dead skin cells on the surface of the skin. This stimulates young, healthy, new skin cells to come to the surface. The chemical also penetrates and exfoliates the skin follicles.

### What is it used for?

Chemical Peels can make your skin appear healthier and more youthful. They improve the texture of the skin as well as help to even out skin tone. They can minimize the appearance of fine lines, wrinkles and superficial scars. Acne, oily skin and enlarged pores can improve as well.

### What can I expect from a treatment?

You will wash your face, then lie down and relax. Your face will be wiped with a pre-peel solution and then the chemical will be applied. In about one minute, you will feel a stinging sensation. Within several minutes, the discomfort will peak and then quickly resolve. You will then rinse your face with water and apply a moisturizer to your skin. Immediately after the peel your face may appear a bit rosy in color. Anywhere from one to five days later your face may start to peel. The amount of peeling can vary from invisible microscopic peeling to more noticeable dry skin flaking.

Generally the peels are repeated monthly. Your doctor may recommend a certain number of treatments based on your skin condition. Most patients begin to see results after three to four peels.

### What types of Chemical Peels do you offer?

We offer a Beta Lift (20% or 30%) peel which is made with salicylic acid, an aspirin derivative. Beta Lifts are applied by a nurse under the supervision of a Doctor. These peels are not given to patients with an aspirin allergy and are not recommended during pregnancy.

We also offer a Glycolic acid (aka, Alpha hydroxy acid) peel which is a natural sugar acid peel. Glycolic acid peels are applied by a doctor and may be used during pregnancy.

Both the Beta Lift and the Glycolic acid peels are great for combating the signs of aging, treating acne, improving the texture of skin and minimizing pores. Your doctor will determine which peel is right for you.

### What are the risks and complications?

The procedure is very safe. In rare instances there can be extensive peeling and mild scabbing, especially if your face is inflamed. Occasionally, dark spots can occur which will fade over time. Scarring is very unlikely. Please tell your doctor if you have a history of cold sores or are on any topical retinoids.

### How much does it cost?

Beta Lift Single treatment: \$100	3 pack: \$275
Glycolic Single treatment: \$150	3 pack: \$400

Beta Lift treatment **4 pack** and Triluma \$400